

EGD Instructions

5 - 7 Days Before Your Procedure

If you take aspirin or NSAIDS such as Advil, Motrin, Celebrex or Ibuprofen, you may continue to take them as usual unless otherwise instructed by your physician.

Take your regular medications per your regular daily schedule.

- Plavix (Clopidogrel) should be stopped seven days before the procedure.
- Coumadin (Warfarin) should be stopped five days before the procedure.
- In general, the following medications should be stopped for 48 hours before the procedure: **Pradaxa** (dabigatran), **Xarelto** (rivaroxaban), **Eloquis** (apixaban), **Effient** (prasugrel), **Brilinta** (ticagrelor).

Ask your doctor for specific instructions if you take a blood thinner. If you have an irregular heartbeat such as atrial fibrillation and are taking any of the following anti-platelet or anti-thrombin medicines, please check with your cardiologist as to when and how long you should stop the medicine before the GI procedure(s).

One Day Before Your Procedure

Solid foods may be consumed up to 8 hours before the procedure. No alcohol.

Day of Your Procedure

- STOP all solid foods up at least 8 hours before the procedure.
- STOP all clear liquids at least 6 hours before the procedure.
- NOTHING by mouth (“NPO”) 6 hours before the procedure.
- No chewing gum prior to the procedure.
- You may take your medications with the smallest quantity of water possible.
- Reminder: take your heart and blood pressure medications per your regular schedule.
- Do not take your diabetes medication(s) on the day of the procedure, before the procedure.